



Performance Categories

CONTEMPORARY: A compilation of many techniques and styles that integrate the mind, body, and spirit connection with its freedom of movement and form. It has a strong emphasis on modern dance technique

HIP HOP: A dance performance that displays a grounded, street-style movement. Performance is usually an up-tempo style which utilizes rhythmic, creative, movements with the major beats of a musical selection

JAZZ: A dance performance which includes a combination of rhythmic body movements which interpret and emphasize a musical selection while emphasizing technique and execution

KICK: A performance that includes a variety of kicks choreographed into 75% of the routine emphasizing precision, timing, control, technique and uniformity of height

LYRICAL: A dance performance which incorporates smooth, fluid, technical body movements which include balance, isolation, extensions and control that emphasize and interpret a musical selection

MILITARY: A dance performance which emphasizes sharp, concise, precision movements that utilize formation changes, patterns, footwork and dynamic presentation

MODERN: A dance style that exhibits personal expression and inner feeling through movement and abstract ideas while utilizing contractions, suspension, releases, falls, level changes, and weight sharing

NOVELTY: A dance performance choreographed with movements placing special attention on a character or theme reflected in the music selection. Props and/or costumes may be used to reflect a theme, but should not be the main focus

OPEN: A dance performance that does not adhere to the above listed categories. Examples include but are not limited to Ballet, Pointe, Folkloric and Tap (with use of protective flooring or tap boards)

POM: A dance performance which emphasizes sharp, energetic dance movements containing visual effects, pattern and formation changes throughout. Poms should be utilized for at least 75% of routine

PROP: A dance performance that utilizes a visual aid as the object of the focus for at least 75% of the routine

TEAM PRODUCTION: A dance presentation over 3 minutes that utilizes a combination of dance elements and styles which interpret a theme throughout. Props, costumes, back drops and sets may be used, but emphasis should be on the overall entertainment value of the piece