

# Metroplex Challenge



## Emergency Action Plan

## **Marcus High School Contact Sheet**

### **School Location and Contact Information:**

Marcus High School - 5707 Morriss Rd Flower Mound, TX 75028

**Phone Number:** 469-713-5196

### **Administration:**

**Amy Payne - M9 Assistant Principal - 972-505-9362**

**Alice Dack - Director - 972-746-0673**

**Shelby Hladky - Assistant Director - 972-965-1306**

**David Harney - School Resource Officer - 214-995-6808**

### **Marcus High School Athletic Trainer Contacts:**

#### **Licensed/Certified Athletic Trainer(s):**

Beth Brunett- 469-948-7219, 603-558-0395, 214-687-7606

Diana Lichtenstein- 469-948-7218, 214-878-5449

Cade Ogilvie- 469-948-7217, 214-682-2234, 469-455-9306

### **Metroplex Challenge Emergency Action Plan:**

The purpose of this Emergency Action Plan (EAP) is to facilitate a prompt, efficient, coordinated response in the case of a medical emergency. All athletic staff and administrators should be familiar with this document and their role and responsibility in an emergency. Planning, preparation and practice are the keys to achieving success in the case of an actual emergency. All questions concerning the implementation of this plan should be answered before the actual medical emergency.

#### **Chain of Command**

A medical emergency is a situation where an ill or injured person needs advanced medical care above basic first aid and where the injured person needs to be transported to the hospital. It is important in these situations that coordination between the medical staff, coaches, administrators and others involved be organized and effective. This EAP is intended to delineate roles and outline the protocol to be followed should an emergency occur.

Situations when 911 should be called are:

- an athlete is suffering from cardiac arrest
- an athlete is not breathing
- severe allergic reaction
- an athlete has lost consciousness
- it is suspected that an athlete may have a severe neck or back injury
- severe heat exhaustion or suspected heat stroke

- severe bleeding that cannot be stopped
- any condition where person in charge does not feel comfortable in treating

### **Chain of Command**

Licensed/Certified Athletic Trainer  
Coach(s)  
Administrator  
Other individuals able to help

The highest person in the chain of command who is present at a scene will be the designated person in charge, or leader. That person is responsible for deciding whether or not to call 911, instructing others how they may be of help and will be the person who stays with the victim until EMS arrives. If that person is not the certified athletic trainer, they need to designate one of the others to call them immediately.

### **Non-Medical Emergencies**

For the non-medical emergencies (fire, bomb threats, violent or criminal behavior, etc.) refer to the school emergency action plan checklist and follow instructions.

## **Procedure for Initiating the Emergency Action Plan**

Once it has been decided that EMS should be called, the following protocol should be followed:

1. The highest person on the chain of command will be deemed the leader, and will stay with the athlete to monitor the athlete's condition and administer necessary first aid & immediate care. If possible, someone else on the chain of command should also stay and assist. An administrator should be notified that there is an emergency situation on campus.
2. The leader will make the call to EMS or will designate another person to make the call.  
#-911 from any phone in the school phone system  
911 from any regular land line phone or cell phone.

### **EMS should be told:**

The nature of the emergency

The condition of the athlete

The best location to enter the facility

How to get to where the athlete is located

\*\*\* Also, tell EMS that someone will meet them to aid in directing the ambulance.\*\*\*

**DO NOT HANG UP UNTIL EMS HANGS UP FIRST!!!**

3. The leader will send runner(s) to assist in directing EMS from their arrival or meeting position to the venue where the athlete is located. The runner(s) should stay in their positions and direct the ambulance through the proper turns to get to the athlete. Remember that many times the local Fire Department will be dispatched as a first responder along with the ambulance so these runners will need to stay at their location.

4. The leader will designate another person to attempt contact with the athlete's parents. Emergency contact information sheets for each athlete can be found in the Emergency Medical Forms Google Folder shared with each coach. If a parent is not present, the form should accompany the athlete to the hospital.
5. If transport is deemed necessary by EMS, the athlete will be taken to the nearest medical center, unless the parent or school official requests otherwise.

## **List of Medical Facilities in the Area**

**Local Hospital:** Flower Mound Presbyterian Hospital  
4400 Long Prairie Rd  
Flower Mound, TX 75028  
Phone: 469-322-7000

**Regional Hospital:** Medical City Lewisville  
500 W Main St,  
Lewisville, TX 75057

### **Advanced Care Hospitals:**

**Medical City Dallas**  
7777 Forest Ln  
Dallas, TX 75230  
972-566-7000

### **Children's Medical Center**

7601 Preston Rd.  
Plano, Tx 75024

\*Ambulance Service Provided by the city of Flower Mound\*

## **Marcus High School Athletic Venues Divided Into Zones:**

### **Zone 2 – Marauder Activity Center & Marauder Gym**

**Address:** 5707 Morriss Rd, Flower Mound, TX 75028

#### **Ambulance Entrances:**

- 1) Enter from Waketon Rd, continue straight until MAC Entrance is on right.
- 2) Enter from Dixon Rd, continue straight until MAC entrance is on left.
- 3) Marauder Gym- Enter from Waketon Rd, continue straight until MAC Entrance is on right, park in front of MAC entrance until directed further.
- 4) Marauder Gym- Enter from Dixon Rd, continue straight until MAC Entrance is on left, park in front of MAC entrance until directed further.

### **Zone 3 –Red Gym, Silver Gym & Athletic Training Room**

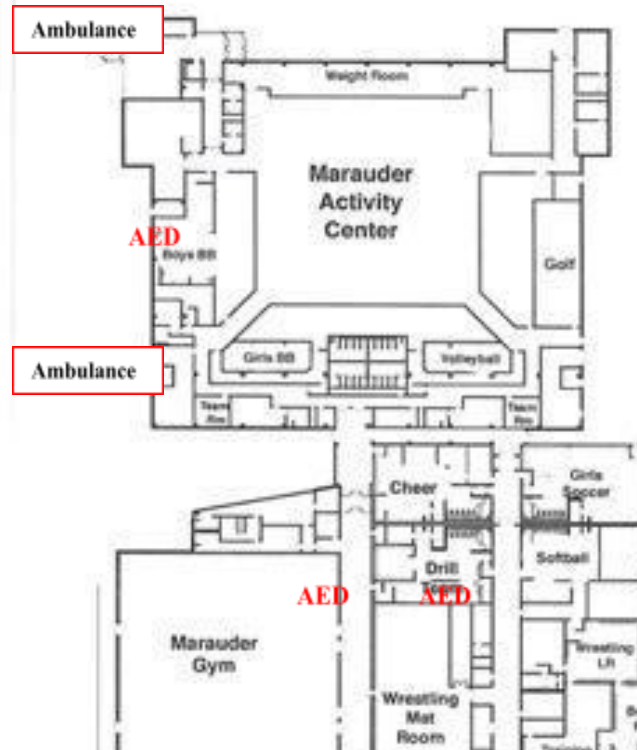
**Address:** 5707 Morriss Rd, Flower Mound, TX 75028

**Ambulance Entrances:**

- 1) Enter from Morriss Rd to the front of Marcus Main campus, continue to the end of the parking lot, park at the glass doors on right.

**Zone Maps:**

**Zone 2: Marauder Activity Center & Marauder Gym**



**Zone 3: Red Gym, Silver Gym & Athletic Training Room**



## Emergency Equipment Available In Each Zone:

### **Zone 2** – Marauder Activity Center & Marauder Gym

#### Emergency Equipment Locations:

- AED located in the hallway by the boys’ and girls’ basketball locker rooms
- Medical supplies located in the cabinet in the axillary athletic training room near the boys’ basketball locker room

### **Zone 3** –Red Gym, Silver Gym & Athletic Training Room area

#### Emergency Equipment Locations:

- AED located in the athletic hallway at the junction between the wrestling room, athletic training room and track locker rooms
- AED located in the athletic training room inside the black cabinet by the taping tables
- Medical supplies located in the athletic training room
- Additional medical supplies located in the athletic training storage room across the hall from the baseball locker room

# **Metroplex Challenge Safety and Security Procedures**

## **Evacuation (Fire, Gas Leak, etc.):**

**Evacuate the building**

**Listen to instruction over the PA or by the Ascension Staff**

**Use the quickest route with the least resistance**

## **Stay (Hold in Place):**

**Need to limit the movement in the building**

**Dancing may continue as normal**

**Limit restroom trips as much as possible**

**There will be staff members in the hallway**

**Wait for further instruction from the Ascension/Host School Staff**

## **LockOUT (External threat):**

**Check hallways and bring students inside the gym**

**Dancing may continue as normal**

**Limit restroom trips as much as possible**

**Entry/exit to the building will be limited**

## **LockDOWN (Internal threat):**

**If you are not given a specific location of the threat- go into lock down protocol, or immediately leave the building.**

**You will react to what you see and hear.**

**Lock doors, cover window panes, turn off the lights, keep all dancers and spectators silent.**

**\* In case of Emergency, please follow the following steps:**

- 1. Notify Ascension staff/Marcus Staff**
- 2. Notify Campus police on site**
- 3. Notify Campus administrator**
- 4. Notify participants of shelter in place procedures**